

FRIDAY
attitude

FACTSHEET

Applicable as from 1st November 2026 to 31st October 2027

WHAT'S NEW THIS YEAR?

GYM BOX





ONLINE FITNESS WITH GYMBOX

Guests can enjoy HIIT, Pilates and Yoga classes led by certified coaches, available on demand via QR code. Dedicated fitness equipment is also provided in the room.

OPEN-AIR CINEMA

The big screen, tropical style: every month, the hotel hosts a cinema screening under the stars, by the pool.

NEW ARRIVAL & DEPARTURE LOUNGE

For early arrivals and late departures, a dedicated space is now available - with shower facilities and luggage storage.

3*+ Family Friendly · 50 rooms · 3 restaurants · 1 kids club

Home sweet home, with your toes in the sand.

Sip a cocktail, watch the fishermen head out to sea, fix your eyes on Île aux Cerfs on the horizon… or simply stay by the pool. Everything here is designed to feel like home, Mauritian style: warm interiors, thatched lounges in the greenery, a relaxed atmosphere and a team that makes you feel welcome from day one.

You did say holiday, didn't you?

Location - East coast of the island, Trou d'Eau Douce

Key distances (by car) - Airport: 60 min · Flacq: 15 min · Trou d'Eau Douce: 3 min · Belle-Mare: 15 min · Port Louis: 60 min

5 GOOD REASONS TO COME

A picture-postcard beach
White sand, turquoise waters and a fishing village just steps away - the perfect place to truly switch off.

Flacq market, just a few bus stops away
The largest open-air market in Mauritius, a short ride away, for a genuine taste of local life.

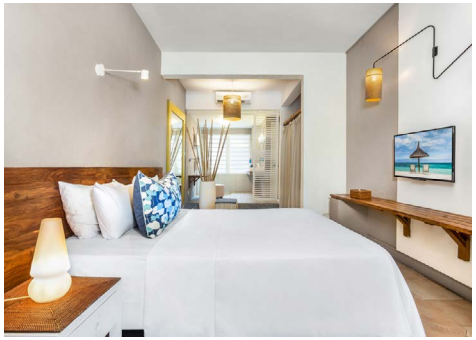
The gateway to Île aux Cerfs
Friday Attitude is the perfect jumping-off point for Île aux Cerfs, one of Mauritius's most stunning islands.

Rooms designed with families in mind
Separate sleeping areas for children, so everyone rests well and gets the most out of their stay.

Kids Club & Spa for everyone
The little ones have their club, the grown-ups their spa (with parent and child treatments available).

ACCOMMODATION

50 rooms available in 2 categories



35 STANDARD

± 24m² • Furnished terrace or balcony • 2 adults + 1 child • Double bed • Including one Disabled room for 2 adults



15 FAMILY

± 33m² • Furnished terrace or balcony • 2 adults + 2 children/ teens • Double bed and 2 beds for children • Annexed children's room

ROOM FACILITIES

Telephone and IDD access with supplement • Television and satellite channels • Mini bar** • Free Wi-Fi • Electronic safe • Tea and coffee facilities** • Air-conditioning • Hair dryer • Bathroom with shower and separate toilets • 220 volts power supply

Children (0-12 years old incl.) & teens (13-17 years old incl.)

Size of beds: 160cmx200cm

Twin beds available on request in Standard Room only.

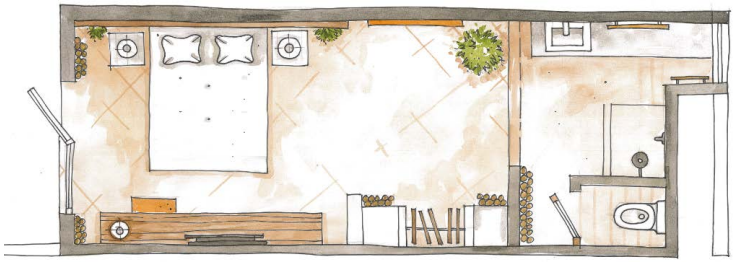
A DIFFERENT KIND OF MINIBAR

No plastic miniatures here. Instead, a bulk shop open throughout the day: tea, coffee, snacks, water and little treats. The same pleasure, without the unnecessary packaging.

Open 08:00 am to 08:00 pm

PHOTO GALLERY

STANDARD



FAMILY



DOWNLOAD ROOM PLANS

RESTAURANTS

DINE AROUND

The Dine Around experience allows guests to dine at the signature restaurant Kot Nou in addition to the hotel's main restaurant - from half board, at no extra charge.

90° EAST

Seats: 110

Cuisine: local and international

Breakfast: 07:00 am to 10:00 am

Lunch: buffet or table d'hôtes 12:30 pm to 02:30 pm

Dinner: buffet from 07:00 pm to 09:30 pm

DRESS CODE

Holiday wear is welcome! Just remember to cover up your swimwear in our restaurants at lunchtime. From 6:30 pm, we shift to something a little smarter: dresses, shorts, shirts, sandals… Sarongs and flip-flops are best kept for the beach and pool!

SIGNATURE RESTAURANTS

Available in all Attitude Hotels

KOT NOU

Seats: 22

Cuisine: Mauritian revisited

Dinner: 07:00 pm to 10:00 pm
Open 3 days a week (as from the half board package)

TABA-J

Cuisine: Mauritian street food

Lunch: 12:00 pm to 03:00 pm

Tea time: 04:00 pm to 06:00 pm
Pancakes, tea, coffee, sweet local goodies

BARS

WE BEACH

10:00 am to 11:30 pm
(last order at 11:15 pm)

Happy Hour: 06:00 pm to 07:00 pm

LE PATIO

06:00 pm to 11:30 pm (last order at 11:15 pm)

TEABAZ

Open from 10:30 am to 06:00 pm (self service)

ALL IN ALL OUT

- Breakfast at the main restaurant
- Lunch at the main restaurant and at Taba-J
- Tea time (tea, coffee and sweet local goodies) at Taba-J
- Dinner at the main restaurant and Kot Nou (on reservation upon availability)
- A selection of local beverages: water, beer, tea, coffee, soft drinks, house wine, locally manufactured alcohols and spirits
- A selection of drinks and snacks at the Bulk Shop corner from 08:00 am to 08:00 pm
- Local dry snacks served with evening drinks
- Lunch picnic baskets for day excursions
- Optional: breakfast, lunch and dinner in one of the other Attitude hotels (this offer is applicable to a selection of restaurants upon availability, 48h prior booking. Transfer not included)
- 20% discount on the first massage for bookings between 09:00 am and 02:00 pm (for every minimum stay of 5 nights)

CONDITIONS

- At extra cost per person per night - this option should be taken by the whole family, guests sharing a room or guests staying in connecting rooms (children included)
- Offer valid from time of arrival to time of departure

LEISURE & ENTERTAINMENT

LAND ACTIVITIES

Dart board • Bocci balls • Table tennis • Beach-volley • Traditional local board games • Hopscotch • Table football • Online fitness program with Gymbox available in-room

Not included: Pool table • Meditation and yoga once per week

WATER ACTIVITIES

1 swimming pool (2.25 m deep) with floating bean bags • 1 adjoining children's pool (0.65 m deep) with playful features • Snorkelling (at Tropical Attitude, weather permissible)• Glass bottom boat (24h prior booking at reception)• Free boat shuttles to Ile aux Cerfs (twice a day- 24h prior booking at reception, departure from Tropical Attitude, weather permissible)

Not included: Watersports available at Ile aux Cerfs including kitesurf (instructors available - to be booked on site) • Scuba diving (certified PADI dive centre nearby) • Catamaran (on request)

EVENING ENTERTAINMENT

Four vibrant nights a week with a variety of experiences:

- Traditional Sega dance show
- Open-air cinema (once a month under the stars, weather permitting)
- Live music, from DJs to acoustic sets
- Sunset Boma: a musical campfire gathering (weather permitting)

SPA POZ – WELLNESS INSPIRED BY NATURE

POZ Spa is a concept developed by the Attitude Group, rooted in nature and local expertise. The full range of body treatments is 100% natural, created by Indika using locally sourced ingredients grown in the southeastern part of the island.

2 treatment rooms
(1 double & 1 single)
Open every day from 08:00 am to 08:00 pm

CATAMARAN DAY TRIP

09:30 am to 04:00 pm • Stop at Grande Rivière Sud Est and Deux Frères sandy bank • Barbecue lunch on board at Ile aux Cerfs • Lunch & drinks included (water, soft drinks and beer)

MINERAL SUNSCREEN

100% natural and non-polluting. This Made in Mauritius product reduces the risks of damage on coral and underwater life. Available for free at the hotel, during your entire stay!

LITTLE MARINE DISCOVERY CENTRE

A playful corner where kids can learn all about sea urchins

Hands-on, curious and fun!

KIDS CLUB

Free of charge for children from 4 to 12 years old included

Day and evening baby-sitting service upon request, at extra cost and 48 hrs prior for booking

Open every day from 09:00 am to 04:00 pm

CULTURAL PROGRAMME

Throughout the year, our hotels come to life with the island's most celebrated festivals, from day to night—Chinese New Year, Diwali, Independence Day, Eid, and more.

LIKE A LOCAL

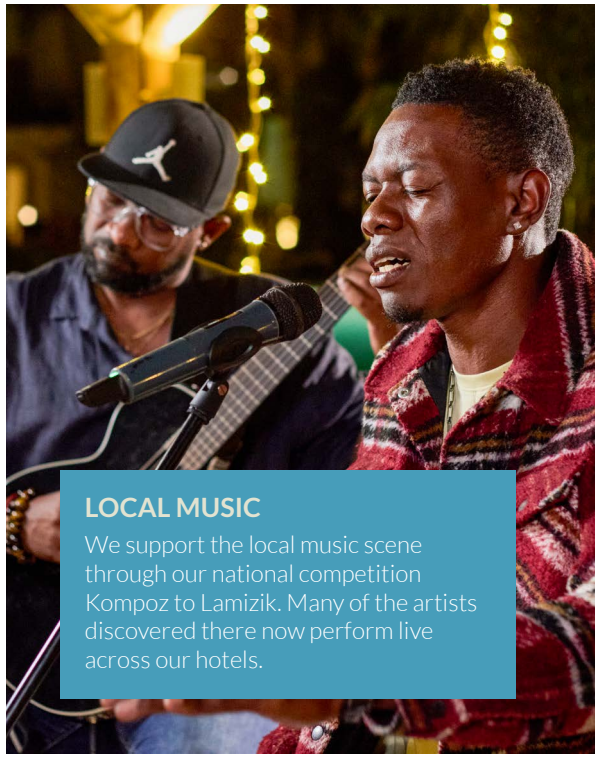
At Attitude, we believe travel is about connection. Our local experiences connect guests to Mauritius - its people, its traditions and its everyday life. Across all our hotels, we offer a curated collection of activities & experiences that bring the island to life.

In other words: Mauritius, like a local.



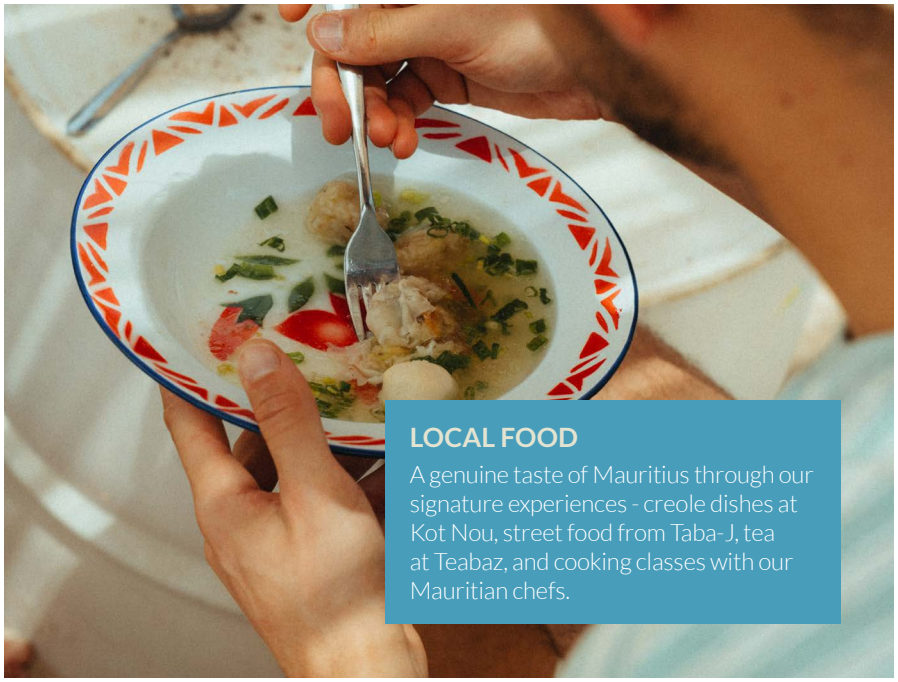
LOCAL FAMILY DINNER

Get to know the real Mauritius culture by having an intimate evening and shared dinner with a Mauritian family. Reservation required (at additional cost, with all proceeds going directly to the host family).



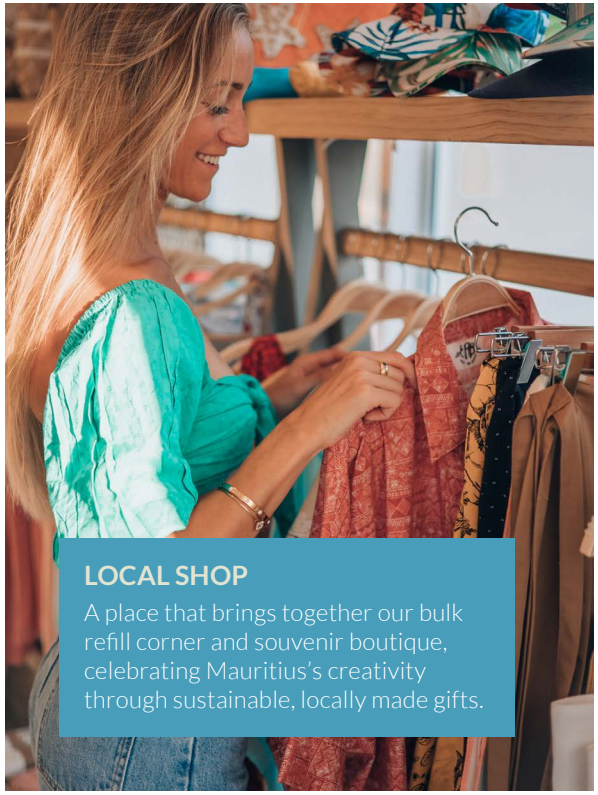
LOCAL MUSIC

We support the local music scene through our national competition Kompoz to Lamizik. Many of the artists discovered there now perform live across our hotels.



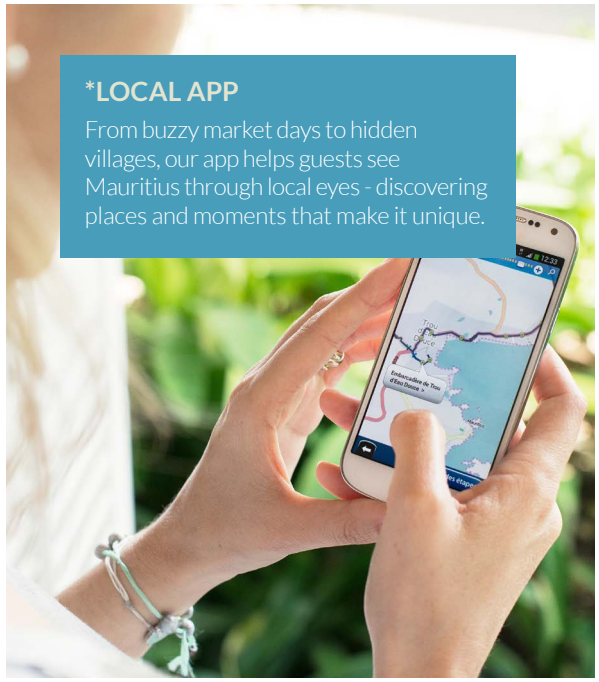
LOCAL FOOD

A genuine taste of Mauritius through our signature experiences - creole dishes at Kot Nou, street food from Taba-J, tea at Teabaz, and cooking classes with our Mauritian chefs.



LOCAL SHOP

A place that brings together our bulk refill corner and souvenir boutique, celebrating Mauritius's creativity through sustainable, locally made gifts.



*LOCAL APP

From buzzy market days to hidden villages, our app helps guests see Mauritius through local eyes - discovering places and moments that make it unique.

*Available on Google Play only.



1. Reception
2. New Arrival / departure lounge
3. Le Patio bar
4. Kot Nou restaurant
5. Teabaz
6. Local Shop – Bulk Shop. Mini Bar. Souvenirs
7. Spa POZ
8. Pool
9. 90° East restaurant
10. Taba-J
11. Kids Club
12. We beach bar
13. Beach
14. Little MDC

DOWNLOAD HOTEL PLAN

SERVICES & INFORMATION

Check-in time: 02:00 pm / Check-out time: noon • Beach towels • Letter box service • Baby-sitting service (on request, at extra cost, prior booking 48h) • Laundry (at extra cost) • Bulk shop and convenient items available at The Local Shop, open every day from 08:00 am to 08:00 pm • Foreign currency exchange facilities at the reception • Credit cards accepted: American Express, Visa, UnionPay and MasterCard • Free Wi-Fi in rooms and in public areas • 24h reception and security services • Parking outside the hotel premises • Shower and luggage rooms • Car rental service • Taxis • Mobile device charging corner available at reception • Travel light: a selection of baby equipment is available for rental

---

NOTE

All info and rates are indicative and subject to changes.

info@friday-attitude.com
t: +230 402 7070
www.hotels-attitude.com/friday-attitude

WEDDING PACKAGE

DOWNLOAD PDF

RENEWAL OF VOWS

DOWNLOAD PDF

PHOTO GALLERY

DOWNLOAD LOGOS

Hotels that do good

Friday Attitude is part of the Attitude Group, a purpose-driven company and B Corp certified. Since 2015, we've been creating holidays that feel good for our clients, for our partners, and for the people and places that make it all possible. From protecting the island's nature to supporting local communities and celebrating Mauritian culture, our commitments come to life through meaningful actions, in our hotels and beyond.

Curious to see how?

COME TAKE A LOOK

Certified B Corporation

Friday Attitude is a brand of Attitude, a certified B Corp

made in moris

Great Place To Work. Certified

Best Workplaces 2022–2025

Travelife stay better

attitude